



Denver Drywall Company
Since 1945

Monthly Newsletter
August 2002

DEHYDRATION

Dehydration can be defined as "Loss of water content and essential body salts (electrolytes) needed for normal body functioning."

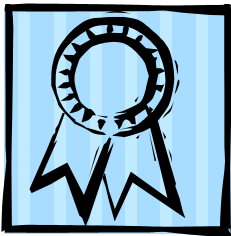
Dehydration can strike anyone at any time. However by taking some basic precautionary measures, the harmful effects of dehydration can be avoided.



1. Always drink plenty of fluids especially when going out to work in the sun.
2. Keep a careful check on intake and outflow of fluids. The human body should never lose more fluids than it is taking in.
3. For re-hydration, a simple solution with a little salt will do wonders. Common athletic drinks like Gatorade® are useful in maintaining electrolyte balance.

Mild dehydration can be treated by simple re-hydration. Oral fluids are very effective. Sports drinks like Gatorade are very effective in restoring body fluids and salt balance. Another very effective way of maintaining salt balance and fluid intake is to drink fresh lemonade with salt in it.

For moderate dehydration or severe dehydration contact a physician.



YEARS OF SERVICE

Congratulations to the following folks, who in the month of July have hit their respective anniversaries with Denver Drywall Company:

Dave Heap	34 years	Gerry Fuller	8 years	Stephen Reamy	2 years
Randy St. Antoine	22 years	Jaime Meza	7 years	Carl Stoudt	3 years
Clyde Baggett	17 years	Eleazar Posada	7 years	Regulo Posada	5 years

DDC TRAINING CENTER & CALENDAR OF EVENTS

August 2002

				1 Basic Finishing Standards 2:30 – 4:30 p.m.	2	3
4	5 HILTI DX CERTIFICATIONS 4:00 P.M.	6 Basic Finishing Standards 2:30 – 4:30 p.m.	7 Basic Finishing Standards 2:30 – 4:30 p.m. Heap Foremen Mtg. 3:00 p.m.	8 HILTI DX CERTIFICATIONS 4:00 P.M. Finney Foremen Mtg. 3:00 p.m.	9	10
11	12 Drywall Applications 2:30 – 4:30 p.m.	13 Drywall Applications 2:30 – 4:30 p.m.	14 Welding Training 4:00 p.m.	15 Drywall Applications 2:30 – 4:30 p.m.	16	17
18	19 Drywall Applications 2:30 – 4:30 p.m.	20 Drywall Applications 2:30 – 4:30 p.m.	21 Bob Peyer Foremen Mtg 3:00 p.m.	22 Drywall Applications 2:30 – 4:30 p.m. Bill Peyer Foremen Mtg 3:00 p.m.	23	24
25	26 Soffit Training 4:00 p.m. CPR Co Springs 3:00 – 7:00 p.m.	27 Superintendent Mtg 3:00 p.m.	28 Soffit Training 4:00 p.m. First Aid Co Springs 3:00 – 7:00 p.m.	29	30	31

Contact Lisa to sign up for any training classes. Class sizes are limited and subject to change



Congratulations to the Colorado Mills Mall crew for yet another Safety Luncheon. This is their 4th Safety Luncheon since the job began in August of 2001. There has been only 1 recordable accident with over 90,000 man-hours worked to date. The luncheon was held on Friday, July 19th and prizes were awarded.

Congratulations to Littleton Hospital for their first of many Safety Luncheons. Their first luncheon will be Friday, July 26th at jobsite. Way to go Darrell & the crew – job well done.