



Denver Drywall Company
Since 1945

DENVER DRYWALL COMMUNICATOR

December 2003

PROJECT SPOTLIGHT OF THE MONTH



Camille La Vie began in October of 2003 with demising partitions and is on a quick and aggressive schedule in order to be open in time for the Thanksgiving holiday shopping season. Camille La Vie is a ladies dress boutique located at Aspen Grove in Littleton. The major portion of work at Camille La Vie is the stucco storefront. If you all remember, Denver Drywall built Aspen Grove in 2001.

The Foreman in charge of Camille La Vie is Stefan Urbalejo and Rick Daulton. The project management team is headed up by no other than Gary Cummings and is assisted by Superintendent, Bob Peyer.

Let us all congratulate the entire crew for completing a job well done.

Congratulations to the following folks who have hit their respective anniversaries with Denver Drywall in the month of December

Frank Ayala	11 years
Hugo Loya	11 years
Elias Guzman	4 years
Jose Trevizo	4 years
Stuart Mitchell	4 years
Carlos Castillo	1 year
Oscar Martinez	1 year



Raul Garcia Olivares	3 years
Manuel Gamboa	2 years
Ramiro Bernal	2 years
Jose De Jesus Rodriguez	1 year
Rudy Riehl	1 year
Oscar Manriques	3 years

SPOTLIGHT EMPLOYEE THIS MONTH



This month our spotlight employee of the month is the amazing and wonderful Mr. Colorado Springs, Mr. Carl Stoudt.

He didn't realize his destiny was to be a Denver Drywall employee and managed to join the DDC crew in July of 1999. He has been an integral part of the Colorado Springs team ever since.

Some of his accomplishments as a Foreman have been Briargate Lifestyle Center; PF Changs; Norad Space Command; Sunrise Assisted Living trusses; Voice Stream; US Homes/Meadows TI, and Liberty Media in Denver.

Carl's area of expertise is structural steel framing as well as panels and trusses. He is a well-rounded foreman when it comes to material, blueprints, and all around job planning. Additionally, Carl's talents include the ability to fluently speak Spanish.

Carl has even loaded up his camper and worked on Zephyr Mountain Lodge in Winterpark, Colorado. He is a true team player through and through.

Carl is currently running a 50+ crew of folks at Progressive Insurance Complex located on the north end of Colorado Springs.

Before he moved to Colorado and graced DDC with his presence, he also lived in El Paso, Texas and Albuquerque, New Mexico.

Carl is married and has 5 children. If you can believe it, he is even a Grandfather. We hope Carl will remain a member of our family here at DDC for many years to come.

Each month we will be featuring a spotlight employee from Denver Drywall. We want you to get to know your fellow employees. We have enjoyed getting to know each other better and we hope you will too.

A Little Slice of Safety

Slip Sliding Away



When the weather outside is frightful, falling on ice can be less than delightful.

That's because even a minor fall can be serious, causing broken bones or even worse. Every year, more than 16,000 people -- most of them elderly -- die from falls, according to the National Safety Council.

Making sure your sidewalks and driveways are free of snow and ice is your best line of defense. However, no matter how careful you are, you'll probably still have to walk over some slippery spots during the winter months.

So, make sure you leave yourself enough time to get where you're going -- rushing will only make a fall more likely. Wear shoes or boots that offer traction. Try to avoid shoes with plastic or leather soles. Walk on cleared pathways as much as possible.

If you must walk on ice, shuffle or take small steps to help maintain your balance. Bend slightly forward and walk flat-footed, recommends the department of Environmental Health and Safety at Iowa State University. Also, keep your head forward, so if your feet slip out from under you, you'll be less likely to hit your head on the pavement. Be especially careful when you're getting in and out of the car -- use it for stability. Finally, be ready for a fall and try not to use your arms to break your fall if you do start to go down.

Health Education Corner

Be sure that this year's holidays live up to your expectations. Take care of your friends, your family and yourself by following these simple guidelines.

FOR HOSTS:

- Do not let someone who has been drinking drive. Arrange for him or her to sleep in your home or to ride with a sober driver.
- Provide your guests with an attractive selection of non-alcoholic beverages. Remember that about one-third of all adults in the U.S. abstain from drinking alcohol completely for a variety of reasons. Remember, too, that informed, health-conscious adults whom you know to drink on occasion will prefer non-alcoholic beverages.
- Never serve alcohol to anyone under the age of 21, for whom it is an illegal drug. Remember that your responsibility for drinking by underage guests lasts beyond the time they are in your home. Remember, too, that alcohol-related car crashes are the leading cause of death for 15-to 24-year-olds.
- Provide your guests with nutritious food. Eating will slow alcohol's effects.
- Appoint a bartender to monitor guests' drinking and serve measured, standard drinks rather than doubles or "holiday specials." Guests can better control their drinking when they are drinking amounts with which they are familiar.
- Do not serve alcohol to an intoxicated guest. Offer him or her a non-alcoholic drink, but remember that nothing can "sober up" a person immediately. It takes the human body approximately two hours to metabolize each ounce of alcohol; coffee or a cold shower can only create a wide-awake drunk instead of a sleeping one.
- Choose fruit juices instead of carbonated mixers. Carbonation speeds alcohol absorption.
- Be sure that drinking does not become the primary focus or activity of your party.
- Stop serving alcohol at least one hour before the party ends.

The information provided in the "Health Education Corner" of Denver Drywall's monthly newsletter is provided in good faith, and not intended to be a substitute for proper medical care provided by a physician, nor is it intended to override a physician's recommendations. Denver Drywall assumes no responsibility for any circumstances arising out of the use, misuse, interpretation, or application of any of the information supplied in this article.

Calendar of Events for December

December 17 th	All Foremen's Meeting
December 25	Merry Christmas
December 26	Office Closed



DID YOU KNOW?

What is Christmas?

The word **Christmas** comes from the words *Cristes maesse*, or "Christ's Mass." Christmas is the celebration of the birth of Jesus for members of the Christian religion. Most historians peg the first celebration of Christmas to Rome in 336 A.D.

Christmas is both a holiday and a holy day. In America it is one of the biggest event of the year (especially for kids), and for members of the Christian religions it is an important day on the religious calendar.

Why do people give each other presents on Christmas day?

The tradition of gifts seems to have started with the gifts that the wise men (the Magi) brought to Jesus. As recounted in the Bible's book of Matthew, "On coming to the house they saw the child with his mother Mary, and they bowed down and worshipped him. Then they opened their treasures and presented him with gifts of gold and of incense and of myrrh."

As mentioned in the previous question, however, no one was really in the habit of exchanging elaborate gifts until late in the 1800s. The Santa Claus story (described later), combined with an amazing retailing phenomenon that has grown since the turn of the century, has made gift giving a central focus of the Christmas tradition.



Why is the day before Christmas, Christmas Eve, celebrated?

Christmas Eve is a big deal for religious reasons, such as the midnight mass, and also for retail reasons. 1867 was the first year that Macy's department store in New York City remained open until midnight on Christmas Eve.

Who is this Santa Claus person?

Santa has not always appeared the way we think of him today. The first well-known gift-giver was a true person--St. Nicholas. He lived in Myra (today we know it as Turkey) in about 300A.D. Born an only child of a wealthy family, he was orphaned at an early age when both parents died of the plague. He grew up in a monastery and at the age of 17 became one of the youngest priests ever. Many stories are told of his generosity as he gave his wealth away in the form of gifts to those in need, especially children. Legends tell of him either dropping bags of gold down chimneys or throwing the bags through the windows where they landed in the stockings hung from the fireplace to dry. Some years later Nicholas became a bishop--hence the bishop's hat or miter, long flowing gown, white beard and red cape. After his death he was elevated to sainthood. Eventually the Catholic Church started celebrating Christmas and St. Nicholas was incorporated into the season.

